



PE - Our Rationale

Through our Physical Education curriculum, we provide opportunities for all pupils to develop physical competences in a way which promotes their physical and mental health. Getting children moving each day is a priority and we strive to instil this importance within every child by emphasising the benefits, not only on our bodies, but also our minds, emotions and social skills. At St Luke's, we want our children to remain physically active for life and understand PE's importance in establishing this. In addition, we aim to support and guide our learners to improve skills and develop a deeper knowledge, within a variety of sporting disciplines, that result in them being able to excel; creating a passion that carries them forward through life.

Our PE Curriculum

We have developed a clear, sequential approach to the teaching of PE at St Luke's that follows a spiral curriculum and encompasses breadth, balance and inclusion from Nursery to Year 6. Our aim is to allow enough time and experience to practise, refine and revisit a variety of skills and knowledge to build confidence and competence throughout a child's PE journey at our school.

In EYFS, we focus on physical literacy and the fundamental movement skills. We use dance, gymnastics and games to explore and develop important, initial movements whilst also focussing on following simple rules and having fun.

In KS1, we continue to build on competence and confidence in fundamental movement skills and following rules to take part in more challenging games, whilst ensuring fun and engagement. During these years, we want to develop character through team building, sharing ideas and being creative. We also go swimming in the summer term with year 2 to begin the journey of developing confidence in the water.

In KS2, we ensure progression by engaging the children in activities that aim to advance their ability to incorporate ideas about teamwork, strategy, developing /improving ideas, problem solving and reflecting on their own performance and others', whilst also maintaining enjoyment and engagement. Utilising a variety of games, dance, gymnastics, OAA, athletics and swimming activities to reinforce the development of higher order thinking skills encourages children to see that these skills are not only transferable within physical activity, but also in all aspects of their life.

Teaching & Learning Pedagogy

At St Luke's we value Physical Education. We have a dedicated PE teacher and sports coaches that deliver a high-quality, inclusive programme of Physical Education, sport and physical activity. We ensure that every child in KS2 receives their 2 hours entitlement of PE every week and all other year groups, including EYFS, get 1 hour minimum. Extra-curricular clubs are run in morning and after school slots: either to provide targeted learning to our most vulnerable children, allow all to be involved in their favourite physical activity, or to progress our most talented pupils. We also place importance on competitive sport. We have two sports coaches overseeing matches/tournaments on the playground every lunchtime so that all children get the opportunity to enjoy being competitive and learn the life lessons that come with winning and losing, working as a team and respect. On top of this, we attend over 40 matches /competitions every school year.

The lessons, sessions, break times and clubs that children partake in ensure delivery of the National Curriculum objectives of PE. All develop the children's love, competency of movement and understanding of the importance of physical activity and leading an active, healthy life. We use formative assessment and questioning consistently to ensure progress and make adaptations that are relevant to every individual. At the end of a topic, we use summative assessment that will then indicate strengths and areas for improvement in order to continue moving every child forward.

Inclusive Provision in PE

All of our opportunities are accessible to all children as content is adapted and tailored for individuals to ensure everyone can access the learning outcomes and intentions of our entire PE, sport and physical activity offer (use of the STEP principle). We believe that every child can and should be active daily and should be given the chance to achieve and challenge themselves physically and mentally. We also attend half-termly SEND tournaments to give all our learners a chance to have fun taking part in competitive sport within an environment which is more suitable for them.