



St Luke's Child Friendly Anti-Bullying Policy

At St Luke's we want to feel happy and safe so we can learn in a positive environment. We all have a responsibility to not stand by but to tell a trusted adult straight away.



What does Bullying mean?

A bully is someone who hurts another person, more than once on purpose. They use behaviour which is meant to frighten, hurt or upset another person.



Different types of bullying that you might come across.

These are:

Emotional: Where someone hurts other people's feelings, by leaving people out of games, conversations or spreading rumours about another child.

Physical: Where someone hits, pushes, pulls, kicks, spits another child.

Verbal: Where someone teases or calls someone else names that are hurtful.

Racist: Where someone uses racist names about another child.

Cyber: Where someone uses the internet, including mobile phones/laptops/I-pads, to say unkind things about another child.

Sexist: Where someone says unkind names about another child about their gender, male/female.

Homophobic: where someone says unkind names about the child's sexuality.



Ask yourself - when is it bullying?

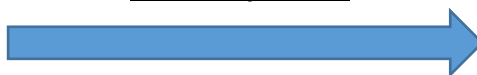
Several

Times

On

Purpose

Who can you tell?



Mum/Dad/Brothers/Sisters

Other family members

Teachers/Teaching Assistants

Lunchtime supervisors

A friend

Any other adult in the school

What should you do if you see someone is being bullied?

1. **Don't walk away and ignore the bullying.**
2. **Tell the bully to stop if it is safe to do so.**
3. **Don't stay silent – tell someone or the bullying will continue to happen.**

